

Capitol Region Athletic League (CRAL)

Member Contact Information

CRAL Commissioner

Jonathan Winer
111 Charter Oak Avenue
Hartford, CT 06106

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Office: 860-509-3611

CRAL President

Bob McCain
Academy of Science and Innovation
600 Slater Road
New Britain, CT 06053

rmccain@crec.org

Cell: 203-515-9770

CRAL Treasurer

Erica Rodriguez
Academy of Science and Innovation
600 Slater Road
New Britain, CT 06053

Evrodriguez@crec.org

Office: 860-223-0726

Member Schools

Academy of Science and Innovation

600 Slater Road, New Britain, CT 06053
School: 860-233-0726

Principal: Bob McCain rmccain@crec.org
Athletic Coordinator: Greg Larson glarson@crec.org

Cell: 203-515-9770
Cell: 203-779-9490

Metropolitan Learning Center for Global and International Studies

1551 Blue Hills Ave., Bloomfield, CT 06002
School: 860-242-7834

Principal: Sasha Douglas sdouglas@crec.org
Athletic Coordinator: Kristine McAllister kmcallister@crec.org

Cell: 860-560-6776
Cell: 860-519-4360

Public Safety Academy

1617 King Street, Enfield, CT 06082
School: 860-253-0274

Principal: Jeff Larson jl Larson@crec.org
Athletic Coordinator:

Cell: 860- 324-5535

Academy Of Aerospace and Engineering

1101 Kennedy Road, Windsor, CT 06095
School: 860-243-0857

Principal: Adam Johnson adjohnson@crec.org
Athletic Coordinator: Olivia Hussey ohussey@crec.org

Cell: 860-305-0684
Cell: 860-416-6926

Achievement First-Hartford High School

305 Greenfield Street, Hartford, CT 06106

School: 860-695-6685

Principal: Emily Banks emilybanks@achievementfirst.org Cell:

Athletic Director:

Parish Hill

304 Parish Hill Road, Chaplin, CT 06235

School: 860-455-9584

Principal: Brian Tedeschi btedeschi@parishhill.org Cell: 860-884-6290

Athletic Director: John Krot jkrot@parishhill.org Cell: 860-774-1226

University High School of Science and Engineering

351 Mark Twain Drive, Hartford, CT 06112

School: 860-695-9020

Principal: Sean Tomany tomas001@hartfordschools.org Cell: 860-952-4129

Athletic Director: Liz Benfield benfe001@hartfordschools.org Cell: 860-951-2224

Sport Liaisons

Boys and Girls Soccer- John Krot

Cross Country- Bryan McCain

Girls Volleyball- Kristine McAllister

Boys and Girls Basketball- Jon Winer

Boys and Girls Indoor Track- Peter Leeds

Baseball and Softball- Greg Larson

Boys and Girls Track and Field- Peter Leeds